




WHAT LESSON COLOR FITS YOU?

I...	and...	LESSON COLOR
have NEVER BEEN to the mountain	have NEVER skied/snowboarded before.	
have been on the mountain	are able to slide in a straight line and can ride a surface lift (carpet). Starting to work on turns.	
have been on a surface lift (carpet) and/or a chairlift	able to turn and stop, but need more confidence and control before heading to the chairlift.	
can confidently load & ride a chairlift	can turn and stop with confidence & control. I am comfortable on Green and some Blue terrain.	
	SKI Turning in a wedge, working toward parallel turns.	SNOWBOARD Linking skidded turns with traverses, working towards shaped turns.
make turns of all sizes	can ski/snowboard on Blue terrain using a variety of turn sizes. I can also control my speed and stop.	
	SKI Parallel turns on all Green and most Blue terrain, starting to use poles.	SNOWBOARD Linking turns of varying size and shape on all Green and Blue terrain.
make carving and parallel turns	confidently ski/snowboard on all Blue and some Black terrain.	
	SKI Comfortable using poles and working on rhythm and timing.	SNOWBOARD Confident carving switch turns on more difficult terrain.
explore different terrain (moguls, steeps & glades)	confidently ski/snowboard on Black terrain and looking to explore moguls, steeps and glades.	
	SKI Parallel turns on all Blue and most Black terrain; using poles.	SNOWBOARD Linking turns of varying size and shape on all Blue and most Black terrain.

Need help? Visit an Information Desk.

